



# COMMUNITY CENTER OF GENESEO

Official Newsletter of the Community Center of Geneseo

SPRING 2026

## Zumba - Join the Rhythm!



Tessy Steele is renting the Chandler Room for two months to offer a Zumba class every Wednesday at 6:00- 7:00 pm, starting April 15. Tessy is a certified instructor in this dance-based movement program that doesn't seem like exercise! The class is beginner-friendly and can be modified for lower impact. Drop-ins are welcome! \$15 for adults (discount packages available), \$10 for students. Join us and/or spread the word! We anticipate that the class will take off and Tessy will extend her rental agreement.

## Tai Chi - Balance in Motion



Our very popular Tai Chi classes continue to be well-attended. We are currently hosting both a Tai Chi 1 class, taught by Wendy Fambro, and the more advanced Tai Chi 2 which was requested by Pam Maxson's students.

## Expectant and New Mothers - Connect and Learn



CCG is partnering with the Livingston Co. Dept of Health to offer a Baby Feeding Class to new and expectant mothers on April 18, 10:00am – noon. The class will be led by Jessica Silvernail, certified lactation counselor. Participation is free and includes a gift bag of goodies for baby and parent.



## This issue:

Community Connections  
PAGE 1

What's New @ CCG ?  
PAGE 2

Continuing Good Work  
PAGE 3



Need an event space?  
[www.communitycentergeneseony.org](http://www.communitycentergeneseony.org)

## WHO WE ARE

The Community Center of Geneseo aims to support a strong, connected community. Through collaboration with other organizations, shared resources, health and wellness programs and multi-generational activities, CCG seeks to nurture positive interaction among those who call Geneseo home.

## New Tenant

We are pleased to welcome Nicole Alioto, CEO of Alla Breve Consulting, as our new tenant for the office next to Habitat for Humanity. A certified WBE, Alla Breve (which in musical terms means to “cut time”) serves public sector agencies and educational institutions nationwide with strategic planning implementation to help them transform data analytics into organizational effectiveness. One of its taglines is “Turn Measurement into Momentum.”



## Trivia Night Success

Trivia Night on February 7, held in honor of beloved community hero Myrt Merritt, was filled with laughter, friendly competition, and even a bit of singing. Despite it being the coldest night of the year, teams of devoted trivia fans turned out to eagerly vie for trophies of former sports glory donated by Ethan and Kyle Fletcher and creatively decorated by the Valentino family.

A longtime benefactor of SUNY Geneseo and the local community. Merritt served on the Roundtable Athletic Association, Geneseo Foundation Board of Directors, was inducted into the Geneseo Sports Hall of Fame, and served as board member and President of numerous non-profits in the area.

Special thanks go to local celebrities David McKeown, our multi-talented host, and Margaret Duff, whose creative question writing kept the energy high throughout the night.



### SAVE THE DATE:

Summer Trivia for teams of up to 6 people  
Saturday, June 6<sup>th</sup> @ 7pm



**"Winning trivia isn't luck -  
it's years of oddly specific  
interests"**

-UNKNOWN AUTHOR





## Silver Sneakers

Silver Sneakers senior fitness classes began in January led by Alec Richardson of 24/7 equipment gym in Geneseo, and supported by Linda Richardson. Mondays & Wednesdays at 9:00am, we have a roomful of seniors shaking a leg and pumping those arms! Participation is free for most of the health insurance plans in our area. Those under 65 can join the fun for \$2.50/class.



"One day, you will look back and see that all along: you were blooming"

MORGAN HARPER NICHOLS

## Home Away From Home

Home Away from Home Respite Care offers safe care and warm support for those with memory issues, engaging a record number of college students and community members in 2026. Clients play games, exercise, help prepare apple tarts & other baked goodies, and – for the farmers in the group – watch agricultural videos. Who doesn't like to watch a good harvest?!

In the meantime, family caregivers have time to go to appointments, grocery shop, attend caregiver support meetings, and other necessities.

Christa Barrow, of Noyes Hospital, keeps everything running smoothly.

Watch for 2 programs coming up:

Managing Caregiver Stress May 21, and a 6-week summer program on the needs of family caregivers, June 11-July 16.

